



Having fun indoors!



Basketball: If you have a basketball hoop or an over-the-door one, then you're all set to play with a soft foam ball. Or just grab some laundry baskets or buckets and place them on the floor, stairs or hang from a door handle or hook. Make-shift your own balls with a wad of newspaper, bean bags, soft toys or rolled-up socks.



Bowling: Set up your bowling "lane" with some painter's tape and use plastic bottles or cups for pins. Use any type of ball to bowl, attempting to knock down as many pins as possible. Keep track of the score, or simply aim to knock them all down in one turn. Create a plastic cup pyramid to up the fun-factor even more.



Egg 'n' Spoon Race: Grab a spoon and any small round object that will fit on top (or if you're brave and have easy-to-clean floors, go ahead and use a real egg!). Create a course for your child to navigate through and see if they can do it without dropping it off the spoon. Once they've got the hang of it, go for speed!