

Grove House Nursery School and Children's Centre



Menus for Autumn / Winter 2021-22

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Toast	Cereal Toast	Cereal Toast	Cereal Toast	Cereal Toast
Snack am/pm	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers
Lunch	Chicken or vegetarian casserole served with mashed potatoes Fruity scones	Aloo gobi served with raita and naan bread Gingerbread biscuits	Pasta with spicy tomato and vegetable sauce, served with cheese Peach cobbler	Lamb or vegetarian meatballs, served with vegetable rice Apple crumble served with custard	Fish or veggie fingers served with potato wedges, peas and homemade tomato sauce Lemon drizzle cake
Tea	Vegetable and lentil loaf with fresh tomato sauce Freshly made fruit smoothie	Potato and sweetcorn fritters served with baked beans Rice pudding	Caribbean pumpkin soup with crusty bread Homemade cookies	Falafel pittas served with salad and homemade tomato sauce Fruit muffins	Mini muffin pizzas Yoghurt with fresh fruit

A choice of milk and water are served with all meals